

INFORMATION FOR PARENTS

Parents, thank you for allowing your child to attend Asian Young Life camp! It is our hope that your child will have one of the best weeks of his or her life. Our trained Asian Young Life leaders and the Young Life camp staff are committed to providing your child a safe and memorable experience at camp. **Please post this important information on your refrigerator so you may refer to it when necessary.**

Camp Information

Camp: Young Life's Saranac Village, 4014 State Route 30, Saranac Lake, NY 12983

Dates: Monday, July 31, to Saturday, August 5, 2023

Camp Phone Number: (518) 891-3010

Camp Website: saranac.info

A licensed medical physician and an EMT live on the camp property and are available 24 hours a day in the event of an emergency.

The camp office is open everyday from 8:00 AM to 6:00 PM. If you wish to speak with your son or daughter or to contact the camp for any reason, please call the camp phone number and speak with the receptionist. Your child is NOT allowed to use his or her cell phone at camp, so please do NOT call your child's cell phone. There are public telephones at camp which your child may use for free to call you.

If you call the camp after hours, you will have the opportunity to leave a message on the office answering machine. In EMERGENCY situations, listen to the recorded announcement; the message will direct you to the phone number of the on-call person assigned to handle emergencies for that particular evening.

Departure Information

We will be traveling to Saranac in two air-conditioned coach buses provided by Campbell Tours. We will meet at the following place and time:

Place: East Bergen Christian Church (EBCC), 320 Beverly Rd, Teaneck, NJ 07666

Meeting Time: Monday morning, July 31, at 6:30 AM

Return Information

The buses will return to EBCC on **Saturday, August 5**. The exact return time cannot be determined until that evening, but expect the buses to return **around 8:30 PM**. Your child will be instructed to call home to let you know a more precise time as we get closer to New Jersey.

Local Asian Young Life Information

AYL Website: asianyl.org

AYL Phone Number: (201) 777-0-AYL (0295)

Your child will be served by a team of dedicated and caring adults who already know your child and who work with him or her on a regular basis. These adults will be serving as cabin leaders for the week:

Leaders: Mr. Lazarus Chan, Mr. Lucas Gomez, Mr. Daniel Gwak, Mr. Jason Ha, Dr. Brian Hall, Miss Debbie Ham, Mr. Jack Ham, Miss Janny Hong, Mr. Jeffrey Hong, Mr. Gerald Juan, Mrs. Maria Juan, Miss Anna Kim, Mr. Samuel Kim, Miss Yea-In Kim, Mr. Matthew Kwon, Mr. Christopher Lee, Mr. Jaekyu Lee, Mr. Jeremy Palad, Mr. Frank Wan, Mr. David Youm, and Miss Dawn Zee

INFORMATION FOR STUDENTS

We hope your time at Saranac will be one of the best weeks of your life! Listed below are some important camp policies which you should know. In addition, we have also provided a packing list. We look forward to serving you!

Camp Policies

- **Cell phones are NOT permitted at camp**, but they *are* permitted on the bus. We realize your parents may wish to contact you on your cell phone, but please understand that the camp is remotely isolated in the Adirondack Mountains of NY State, so as a result very few cell phones actually work at camp. All cell phones will be collected on arrival at Saranac and stored in the camp safe for the duration of the week. If your parents wish to contact you, they should call the camp office at **(518) 891-3010** and leave a message for you. If you wish to call home, there are public telephones at camp which you may use for free.
- **Smart watches with cell service phone capabilities are NOT permitted at camp.** If your watch can make or receive phone calls, you will not be permitted to use it at camp. Please leave it at home. But you should bring a waterproof watch so you know what time it is.
- **Electronic accessories (like AirPods, iPad, Nintendo DS, PSP, etc.) are NOT permitted at camp**, but they *are* permitted on the bus. There are no locks on cabin doors, so these things can be easily stolen, thus ruining what otherwise would have been a good week for you. If you do bring electronic items like these on the bus, they will be collected on arrival at Saranac and stored in the camp safe for the duration of the week. Of course, all items will be returned to you when we depart camp. Just be sure to mark your name on each electronic item.
- **Absolutely NO alcohol, e-cigarettes/juul, hookah, or illegal drugs are permitted.** If you bring any such items to camp, we will notify your parents, and they may be asked to pick you up at camp and take you home immediately.

COVID/Illness Concerns

We want this to be a healthy experience for everyone. All participants **MUST** take a COVID test on **Saturday, July 29**, and confirm that they do not have COVID or any other illnesses like the flu (*A rapid test using a home kit is acceptable.*). Please upload a picture of your test results at aylhealth.com/covid on Saturday, July 29. If you do test positive for COVID, unfortunately you will not be permitted to attend Saranac.

Packing List

Saranac temperatures can vary considerably during the summer, from daytime highs of 80° to evening lows of 40°. You should definitely bring a combination of summer and autumn clothes. Expect to wear a T-shirt and shorts or a swimsuit in the afternoon and a hoodie in the evening. Try your best to bring everything listed below.

Clothing

- hoodie/warm jacket/sweatshirt for cold evenings
- TWO** sets of old clothes AND one pair of old sneakers that can get dirty and that you don't mind if you *never* wear again
- one additional pair of good sneakers (*mandatory for certain activities*)
- one nice outfit and shoes (*for the dress-up dinner*)
- swimsuit
- several pairs of shorts
- several T-shirts
- a lot of underwear
- pajamas (*or whatever you wear to sleep*)
- a lot of socks
- flip flops/sandals/Crocs (*for the beach*)
- if possible, bring a neon shirt or any clothing that is neon-colored

Toiletries

- sunscreen (*very important!*)
- toothbrush
- toothpaste
- soap/bodywash
- shampoo
- deodorant
- contact lenses
- contact lens case
- contact lens solution
- extra* contact lenses
- feminine products (*for the girls only*)
- skincare and other toiletries

Miscellaneous

- refillable water bottle (*important for staying hydrated*)
- waterproof watch
- eyeglasses
- sunglasses
- beach towel
- hat (*helpful in the sun*)
- plastic bag/laundry bag for dirty clothes
- camera (and charger for camera)
- money (*about \$30*) for food on the ride up and back
- \$40 to \$60 *additional* spending money for the snack bar and camp store (*The camp store also accepts credit cards.*)
- if you take prescribed medicine, please remember to bring it

You do NOT have to bring a pillow, blanket, bed linens, or a sleeping bag. These will be provided for you at Saranac.