

If the student is 17 or younger, the online health form must be completed by a PARENT, but the student may assist his or her parent in completing the form. If the student is 18 or over, the student may complete the form on his or her own.


1. Please go to → [aylhealth.com](http://aylhealth.com)
2. You should already have an account from a previous year. Please enter your username and password in the appropriate boxes. (If you forgot your username and/or password, click the "Forgot Username or Password?" link and follow the instructions.)
3. After successfully logging in, you should see a link at the top that says "**My Health Forms.**" Do NOT click "Create New Form." Instead, after clicking the "My Health Forms" link, you should see the health form(s) you created for a previous Young Life camp trip (like *Saranac* or *Windy Gap*) in the table. Click on the blue "**Make a Copy**" button on the right from the most recent previous camp trip. By clicking this button, you will be copying information from the previous form to this year's form. A pop-up window will appear, asking, "Would you like to copy this form for?" In most cases, you should select "Same Individual." (The only exception would be if you are completing this form for a different child and if your information applies to this other child as well; if that is the case, select "Another Family Member" instead.) The pop-up window will also ask if you will upload a new immunization record since the last time you submitted a health form. Choose, "**No. Use my existing immunization record.**" Answer these questions, then click "**Make a Copy.**"
  - ▶ If you see a request for "Registrant ID" and "Access Code," you can skip that by clicking on the blue button on the top that says "**Don't have a registrant id?**"
4. A pop-up window should appear asking you to choose a signature. If you see a pop-up window asking you to choose a signature, please be sure **THE NAME OF THE PARENT IS ENTERED IN THIS BOX!** (Your child's name must NOT be used as the signature!). If the parent's name is not shown in the box, then enter a **PARENT'S** name in the space now. When finished, click the blue button that says, "**Use this signature on the following pages.**"
5. "**Page 1 - Camper Information**" will now appear. The fields "First Name" and "Last Name" should already be completed for you. Make sure the spelling of your child's name is correct.
6. For "**Home Area,**" it should already say "**NJ68 - Asian Young Life.**"
  - ▶ If, by chance, the "Home Area" is not already selected for you, click on the link that says, "**Select Young Life Area.**" Do NOT enter a Zip Code! Instead, where it says, "Enter Area Number," please enter **NJ68** and then the words "NJ68 - Asian Young Life" should appear. Click on "**NJ68 - Asian Young Life,**" and then click the "**Select**" box. (Many people accidentally select "Bergen County"; please do NOT select Bergen County! Make sure it says, "NJ68 - Asian Young Life.")
7. Where it says "Camp," select **Rockbridge**. For "Guest type," select **Capernaum Buddy**. And for "Select a camp session/week," select the **SECOND 8/9/2023 - 8/13/2023** (The dates appear twice; choose the one on the bottom). After doing this, click "**Save and Continue**" (or "**Finish Later**" if you do not have time right now).
8. Continue completing ALL 9 pages of the health form. Most information should already be completed for you based on what you entered on your child's form for a previous camp trip with Asian Young Life, but please pay attention to any alerts or highlighted sections that still need to be completed.
9. Wherever you see a blue "Sign" button, simply *click* the blue "**Sign**" button, and your signature will appear.

### Important Info for Page 4 - Health Care History

For this section, you **MUST** upload an official immunization record, which must show two doses of measles, mumps, and rubella vaccinations. To upload, please scan a copy of your child's immunization record or take a picture of it. (You can skip this information for now by checking the option, "Applicant will bring a paper immunization record." But please note we **MUST** have the paper copy before the child boards the bus. Your child will not be permitted to attend camp without this document.) You do NOT have to upload your child's COVID vaccination card in this form.

### Page 5 - Health Care Recommendations

Please enter the name and phone number of your family physician. Also be sure to answer Questions 1, 2, and 3 on this page. Please note that for *most* students, the answers to Questions 1 and 2 in this section should be "No" (unless your child does, in fact, have a medical concern, in which case you should select "Yes"). If your child is taking medication, click "Yes" to "Is the applicant taking any medications or under any treatments that need to be continued at camp?" If this applies, please list the medications and dosages.

Please submit the health form online **ASAP**. If you have questions, please click on the  symbol on the website for assistance or go to [aylhealth.com/help](http://aylhealth.com/help). You can also email us at [ayl@asianyl.org](mailto:ayl@asianyl.org) or TXT/call us at (201) 777-0-AYL (0295). Thank you!