

Parents, thank you for allowing your child to attend our Winter Getaway/Harvesters Retreat! We hope it will be a safe and memorable experience for your child. Please post this Scoop Sheet on your refrigerator so you may refer to it when necessary.

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### Departure Information - Friday, January 26

- Students from the Academies @ Englewood and River Dell High School should meet at **4 PM on Friday, January 26**, at **East Bergen Christian Church, 320 Beverly Rd, Teaneck, NJ 07666** (*This is the same place where we have AYL club.*)
- If you are a student from Tenafly High School or Tenafly Harvesters, please drop your luggage off at the **Harvesters House, 54 Columbus Dr, Tenafly, NJ 07670** BEFORE school on Friday morning, January 26, and then return to the Harvesters House after school at **3:30 PM** to board the bus. The bus will then drive to EBCC in Teaneck to join the other buses waiting there.

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### Schedule Information

- There is no dinner at camp on Friday night; instead, we will provide pizza at EBCC on Friday before we board the buses. We will go directly to Lake Champion on Friday night and should arrive at the camp at approximately 7:30 PM.
- On Saturday, 1/27, everyone will board buses to leave the camp at 2:30 PM and go to Big Bear Ski Resort. If you are not skiing or snowboarding, you can hang out in the lodge with other students and leaders. We will provide board games to play. In addition, this is a good time to work on school work, so bring some assignments to do.
- Dinner on Saturday night will be on your own at Big Bear Ski Resort. This meal is NOT included in the Getaway price. Food at the resort is overpriced, so we recommend bringing at least \$20 for food, drinks, and snacks at the ski resort.
- We will return to Lake Champion on Saturday night at 9 PM, where we will remain until we depart at 4 PM on Sunday, 1/28.

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### Packing List

Expect outside temperatures to be between 25° and 45°, so please pack accordingly.

#### Clothing

- comfortable winter clothing (*e.g., hoodies and sweatpants*)
- winter hat
- athletic clothing for the gym/game room
- swimsuit and beach towel for the hot tub
- sneakers for the gym
- flip flops for the bathroom
- underwear for 3 days
- pajamas (*or whatever you wear to sleep*)
- animal onesie (*if you have one*)

#### Ski-Related

- gloves (*essential!*)
  - snowpants (*very helpful*)
  - goggles (*helpful*)
- #### Toiletries
- toothbrush
  - toothpaste
  - shampoo/bodywash
  - contact lenses and solution
  - feminine products (*for the girls only*)

#### Miscellaneous

- face masks (*for COVID protection*)
- \$20+ for dinner at the ski resort
- spending money for the camp snack bar/store (*The camp accepts cash, credit cards, and Apple Pay.*)
- cell phone and charger
- water bottle (*to stay hydrated*)
- laundry/plastic bag (*for dirty clothes*)
- if you take medicine, please remember to bring it

You do NOT have to bring a shower towel, pillow, bed linens, or a sleeping bag. These will be provided for you. Remember to bring your ski/snowboard equipment (*including helmet!*) if you chose to bring your own equipment when you registered.

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### Return Information - Sunday, January 28

A@E and River Dell students will return to East Bergen Christian Church, 320 Beverly Rd, Teaneck, NJ, on Sunday, January 28, around 6 PM. Students from Tenafly will return to Tenafly Middle School, 10 Sunset Ln, Tenafly, NJ, around 6:15 PM. Students will be instructed to call home to let their parents know a more specific arrival time.

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### Important Policies

- All participants MUST take a COVID test on **Thursday, January 25**. A rapid test using a home kit is acceptable. Please upload your test results at [aylhealth.com/covid](http://aylhealth.com/covid) on January 25. If you test POSITIVE for COVID or if you have any other cold/flu symptoms, unfortunately you will not be permitted to attend the Getaway; you will receive a refund.
- Absolutely NO alcohol, e-cigarettes/juul, hookah, or illegal drugs are permitted. You won't need them to have fun this weekend! If you bring such items to camp, we will notify your parents, who will be asked to take you home.
- Always stay in control and always wear your helmet while skiing/snowboarding, stay on trails consistent with your ability, and never ski/board alone. Snowboarders must also wear provided wristguards.

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### Contact Information

- The Getaway will take place at **Young Life's Lake Champion, 247 Mohican Lake Rd, Glen Spey, NY 12737**. Skiing/snowboarding will take place only on Saturday, 1/27, at **Big Bear Ski Resort, 192 Karl Hope Blvd, Lackawaxen, PA 18435**.
- Students will have access to their cell phones at all times, so parents may call their children directly on their phones. Parents may also call or text the Asian Young Life staff at **(201) 777-0-AYL (0295)** if there is an emergency.
- Our email address is: [ayl@asianyl.org](mailto:ayl@asianyl.org). To learn more about Asian Young Life, please visit our website: [asianyl.org](http://asianyl.org).